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 )  
 Ramon TORRES ) Examiner: S. FOLEY  
 )  
 Serial No.: 09/475,989 ) Washington, D.C.  
 )  
 Filed: December 30, 1999 )  
 )  
 For: TREATMENT OF HIV-ASSOCIATED ) Confirmation No.: 7149  
 DYSMORPHIA/... )  
 )

DECLARATION UNDER 37 CFR §1.132

Honorable Commissioner for Patents  
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Sir:

I, Ramon A. TORRES, hereby declare and state as follows:

I am the sole inventor in the above-identified application and my educational and professional experience was previously presented as Exhibit A in the Declaration Under 37 CFR §1.131 executed and filed on January 31, 2002.

Attached hereto as Exhibit A is my poster (number 675) and abstract, co-authored with K. W. Unger, J. Cadman and J. Kassous, entitled "The Effect of Recombinant Human Growth Hormone [rhGH] On Protease-Inhibitor-Associated Fat Maldistribution Syndrome [FMS]", presented at the 6<sup>th</sup> Conference on Retroviruses and Opportunistic Infections held in Chicago,

Illinois on January 31 - February 4, 1999. The poster was displayed at the conference and the abstract was published in the Program & Abstracts book.

The studies described in the attached poster were all conducted by me or under my direct supervision, and I can attest of my own personal knowledge that all the results reported in the attached poster and abstract are true and accurate.

The following discussion is directed to the distinction between obesity and HIV-associated dysmorphia dyslipidemia/dysmetabolic syndrome (HADDS).

Obesity is a chronic condition stemming from the interplay of a variety of environmental and genetic factors and is characterized by an excess of body fat, which is generally distributed evenly throughout the body. It is most often defined in terms of body weight adjusted for height as measured by the use of the body mass index (BMI), where weight in kg is divided by the square of the height in meters ( $\text{Kg}/\text{m}^2$ ). Using this measure, the designation "overweight" is assigned to BMI between 25 and 30 and "obese" to  $\text{BMI} > 30$ . In obese individuals fat generally constitutes over 30% of body weight.

By contrast, HIV-associated dysmorphia dyslipidemia syndrome (HADDS) is a specific pathological condition attributable to the metabolic consequences of HIV disease and its treatment. HADDS (also known as HIV-associated adipose redistribution syndrome (HARS)) is a subset of the HIV

associated-lipodystrophy syndrome, first recognized and described in the late 1990's after the introduction of so-called highly active antiretroviral therapy (HAART) for the treatment of HIV disease. HIV associated-lipodystrophy syndrome covers a spectrum of morphological abnormalities and is characterized by regional accumulation of body fat, mostly in the trunk, in the dorso-cervical fat pad region ("buffalo hump") in the intra-abdominal cavity (visceral adiposity), and in the breasts (in women), often in association with regional fat loss (lipoatrophy) in other areas such as subcutaneous tissues of the face (with the loss of the fat pad of Bichat), limbs (with loss of fat in appendicular skeletal muscles), and buttocks. This abnormal distribution of fat results in dramatic negative changes in body habitus and facial appearance and causes severe psychological distress in many instances.

Lipodystrophy and HADDS occur in individuals of previously normal body morphology. Affected patients' overall height adjusted weight (expressed as BMI) is not in the obese range but the quantity of visceral fat is much higher than expected from an equivalent BMI in the healthy population (see attached Exhibit B, which is a graphical representation of data presented in the abstract of Kotler DP, Muurahainen N, Chang P, Engelson ES, Wang J, Heymsfeld SB. Anthropometric equations select HIV+ men and women with distinctly abnormal fat accumulation and distribution. XIV International AIDS

Conference, 2003), while the overall percentage of body fat is lower than that seen in obesity.. Thus the distribution of fat in HADDS is markedly skewed, with less peripheral (limb and facial fat) than normal and more central (visceral and dorso-cervical) fat. The patients with HADDS and HIV-associated lipodystrophy may or may not be obese, may have normal, above normal or below normal BMIs depending on their height, weight and distribution of fat.

Compared to a healthy reference population, metabolic derangements, such as dyslipidemia and insulin resistance are common in HADDS and often severe. There is no evidence that these metabolic derangements were present in affected individuals before they developed HADDS and, indeed, some of the metabolic disturbances can be experimentally induced by the administration of certain anti-retroviral medications to healthy individuals.

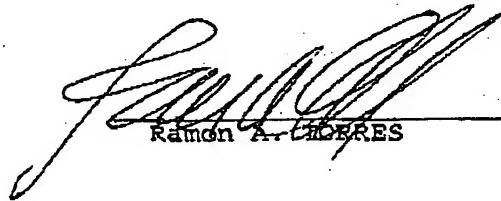
Finally, in the treatment of HADDS with recombinant human growth hormone (r-hGH) large reductions in visceral fat, as determined by imaging techniques, were effected without loss of weight. This is in contradistinction to treatments for obesity which are often assessed entirely on the basis of body weight. Indeed, FDA guidelines for the pharmacological treatment of obesity specify body weight as an endpoint. The implication is that r-hGH therapy for HADDS, while effective in reducing visceral fat and dyslipidemia, would not meet these FDA

guidelines for the treatment of obesity.

The undersigned declares further that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

Date

January 4, 2003

  
Ramon A. CIDRES

CONFERENCE  
on Retroviruses  
and Opportunistic  
Infections

Program &  
Abstracts

January 31–February 4, 1999

Sheraton Chicago Hotel and Towers,  
Chicago, IL

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Session 82

## ABSTRACTS OF THE 6th CONFERENCE ON RETROVIRUSES AND OPPORTUNISTIC INFECTIONS

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Elevation of Lipodystrophy after Switching HIV-1 Protease Inhibitors to Nelfinavir. E. MARTINEZ, L. LOZANO, L. CONGET, R. CASAMITJANA, and J. GATELL. Hosp. Clín. Barcelona, Spain.

**OBJECTIVE:** To assess the effects of switching from HIV-1 protease inhibitors to nelfinavir on metabolic abnormalities of patients with lipodystrophy and/or co-CD4/CD8 ratio and viral load.

**METHODS:** 23 patients with <200 copies/mL treated with 2 PIs and at least 1 PI decided to stop PI because of changes in their body fat distribution. Nelfinavir was offered to replace PIs. Physical examination, routine fasting triglycerides, glucose, and insulin, CD4 cells and plasma HIV-1 RNA were performed at baseline and every 3 months.

**RESULTS:** Twelve (52%) of the patients were men, age 40 years (27-60). Baseline CD4 cells were 514/ $\mu$ L (43-994). Awareness of fat redistribution occurred after a median of 12 months (6-26) from the onset of PI. Ten patients had central obesity (16 also with peripheral lipodystrophy) and 5 patients had only peripheral lipodystrophy. Viral load had been suppressed a median of 6 months (3-14) prior to PI withdrawal. Median follow-up from the replacement of PIs by nelfinavir has been 7 months (range: 6-10). Six months after PIs withdrawal there was a significant improvement ( $p<0.05$ ) in cholesterol (21%), triglycerides (56%), glucose (16%), and fasting insulin resistance index (46%) whereas CD4 cells remained unchanged (401  $\mu$ L range: 57-941) ( $p>0.05$ ). Only one patient saw his viral load becoming detectable at a low count (346 copies/mL). Twenty-one patients (91%) reported a partial improvement in their fat distribution (particularly in peripheral fat wasting), although some of them admitted to be at prior to body changes.

**CONCLUSIONS:** Metabolic abnormalities including lipodystrophy associated with PIs may be at least partially reversible. HIV-1 suppression achieved with HAART including PIs may be preserved at least in the medium despite the replacement of a PI by nelfinavir.

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Surveillance Study of Nelfinavir, Crixivan, Viread and Raltegravir: Comparison for Viral Suppression and Treatment of Peripheral Lipodystrophy Related Lipid Abnormalities Results of a Prospective Study

K. Henry<sup>1,2</sup>, H. Mazzoni<sup>1</sup>, J. Rodriguez<sup>2</sup>, J. Kuppermann<sup>1</sup>, and J. Giorgini<sup>1</sup>. HIV Project<sup>1</sup> and Lipid Program<sup>2</sup>, Hopkins Hospital and the University of Minnesota<sup>2</sup>, St. Paul, MN, USA.

The role of protease inhibitor therapy on the course of HIV-1 infection has been linked to changes in plasma lipid levels.

**Objective:** To utilize the NCEP guidelines to prospectively identify and manage increases in plasma cholesterol and triglycerides among persons with HIV-1 infection who are receiving protease inhibitors.

**Methods:** Review by a lipid specialist of EDs or PIs found that patients receiving nelfinavir (40%, 15/38) were much more likely to have a significant increase ( $p<0.05$ ) in plasma lipid compared to patients receiving indinavir (22/26) or ritonavir (3/9); 7/10. All patients had fasting lipid levels measured monthly and monitored to reduce PIs.

**Results:** 20 patients with mild increases in lipid levels (mean cholesterol = 245 mg/dL; mean TG = 269 mg/dL) were initially managed by discontinuing. At 6 months, the mean change in lipid was: cholesterol = -17% and TG = -21%. Drug intervention utilized pravastatin 60 mg QD (mean TG elevation) and atorvastatin starting at 10 mg/day. For the 19 patients managed with both pravastatin and atorvastatin (mean cholesterol = 214 mg/dL and TG = 139 mg/dL) by 6 months the mean changes in lipid levels were: cholesterol = -30% ( $p=0.005$ ) and TG = -46% ( $p=0.01$ ). Due to concerns about drug interactions and risk for hypothyroidism, patients were monitored for increases in plasma CK levels. None were observed.

**Conclusion:** Until more is known about the etiology and consequences of lipid abnormalities in HIV-1 infected persons, our preliminary suggestion that management of mild lipid associated with protease inhibitors can be carefully done following NCEP guidelines.

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Effects of Methotrexate on Plasma Lipoprotein and Central Adiposity in Patients Receiving Effective Protease-Inhibitor (PI) Therapy.

T. SAINT-MARC, I.L. TOURAIN, E. Bertrand Hopital - 69437 LYON - FRANCE

**Background:** A syndrome of central adiposity (CA), hyperlipidemia, insulin resistance and coronary artery disease has been identified in patients receiving HIV-1 PIs. The purpose of our study was to determine whether methotrexate (a biologics modulator) is able to change the clinical profile of the syndrome of CA in patients. **Study design:** Cross-sectional study. **Patients:** We recruited 21 PI experienced patients with CA (mean age 38.4 years, mean time of exposure to PI therapy 16.3 months, mean weight gain 3.1kg) known to have high plasma lipoprotein concentrations (mean: 24.4 mmol/L). **Design:** Patients participated in a 3-month protocol in one of the two groups: methotrexate (M) and control (C). At the beginning of the study, we measured weight, height, waist-to-hip ratio, serum EMR, triglycerides, cholesterol, LDL and HDL cholesterol, apolipoproteins A1 and B, free fatty acids, lactate, VFA, LH, SHBG, cortisol, estradiol, CD4+ and HIV DNA and (FFA). **Measurements:** Fasting plasma glucose and insulin levels were measured at baseline and after a 7.5 oral glucose tolerance test (OGTT). Body composition was assessed by BIA and visceral to total abdominal fat ratio (VAT/TAT) was assessed by abdominal CT. **Results:** The control (12 patients) were similar to the group M with respect to age, BMI, CD4, VAT/TAT ratio and basal insulin levels. After the 3-month study period, the group M had a mean weight decrease of 2.1kg and waist-to-hip ratio decreased from 0.91 to 0.85. VAT/TAT ratio decreased from 0.31 to 0.22. There was a significant decline in the triglycerides, VFA, apo A1 and testosterone levels, while insuline levels increased in the controls (pre M: 23.6 ± 9.8 nmol/L; post M: 16.2 ± 5.4 nmol/L vs pre C: 24.9 ± 10.2 nmol/L; and C: 43.4 ± 14.5 nmol/L). Data will be available for 30 patients. **Conclusion:** methotrexate appears to be effective for improvement in CA in PI-experienced patients.

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Effects of the PPAR-Activator Troglitazone on Viral Load Associated Peripheral Insulin Resistance. K. E. WALL\*, G. M. MICHL, J. R. BOGNEK, and P. D. GOEREL, Ludwig-Maximilians-Univ., Munich, Germany.

**Background:** The induction of metabolic abnormalities (diabetes mellitus, dyslipidemia and lipodystrophy) is seen in patients treated with protease inhibitors (PI). We hypothesized that these side effects are due to peripheral insulin resistance. Therefore, the PPAR-activator troglitazone might be beneficial in the management of PI-associated metabolic complications.

**Methods:** In a pilot study, the effects of troglitazone on PI-associated diabetes mellitus, markers of glucose homeostasis, serum lipid, CD4 count and viral load were followed for 3 months. Insulin sensitivity (I.v. insulin tolerance test) and lipodystrophy (triglyceride and CT scan) were assessed at baseline and after three months.

**Results:** In all patients, fasting (decrease: 15-50mg/dL) and postprandial glucose, fructosamine (decrease: 15-46 mg/dL) and HbA1c (decrease: 0.3-1.0%) levels improved after 8-12 weeks. After an initial rise plasma lipid levels returned to baseline. No consistent pattern of dyslipidemia (i.e. changes in lipoprotein profile) was seen. Both CD4 count and viral load (67-51 cells/ $\mu$ L and Ig G 2.7 to Ig G 5.6 at baseline) were unchanged. Effects on insulin sensitivity and lipodystrophy were heterogeneous. Treatment was tolerated well in all patients, and no laboratory abnormalities (especially liver enzymes) were observed.

**Conclusions:** Troglitazone appears to be a well tolerated, safe and effective drug in the treatment of PI-associated metabolic complications.

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Incidence of Body Habitsus Changes in a Cohort of 725 HIV-Infected Patients. D. DIETERICH\*, R. AYMAT, J. BRAUN M. MULLER, A. MCADAMS, K. WEISS, S. KREISWIRTH, B. O'BRIEN, R. LAWSON, P. MICKENBERGER, and R. TIRELLI, New York Univ. and Med. Ctr., St. Vincent's Med. Ctr., Cabell Med. Ctr., and Lipstein Med. LLP, New York, NY.

It has been suggested that hormonal therapy for the treatment of AIDS-related wasting may also reduce the incidence and severity of lipodystrophy-associated body habitsus changes. Yet, limited data to justify this hypothesis are currently available. **METHODS:** As determined by visual inspection of facial emaciation, visceral fat increases, and peripheral fat decreases, we assessed the rates of body habitsus changes among a population of HIV+ patients. **RESULTS:** 725 patients were included in this analysis. The median age of patients followed was 40 years; 91% were male and 73% were caucasian. The median baseline CD4+ count was 370 cells/mm<sup>3</sup>. At study entry, 31% had undetectable HIV-RNA, 50% were taking antiretroviral therapy or baseline, 96% of whom were receiving at least one generic antibiotic. A total of 437/725 (60.3%) patients were receiving some form of hormonal therapy. Of those, 31 (7.1%) had physically apparent body habitsus changes. Of the 243 (22.5%) receiving testosterone replacement therapy, 12 (6.9%) were experiencing body habitsus changes. Of the 89 (12.3%) receiving rimonabant, 14 (15.7%) reported body habitsus changes. Of the 101 patients receiving estradiol, body habitsus changes occurred in 4 (4%). Elevated Cholesterol and Triglycerides were detected in only 12/21 (55.6%) patients with body habitsus changes. **CONCLUSION:** Aggressive testosterone replacement and treatment of wasting with antibiotics and growth hormone may lower the rates of lipodystrophy-associated body habitsus changes, especially among patients receiving protease inhibitor-based therapy.

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The Effect of Recombinant Human Growth Hormone on Protease-Inhibitor-Associated Fat Redistribution Syndrome. R. TORKE<sup>1</sup> and K. UNGER<sup>2</sup>, Beilby-Cancer Med. Practice, New York, NY and New York Univ., New York, NY.

**Introduction:** The redistribution has been described in HIV+ patients on PI therapy who achieve sustained viral suppression, and is characterized by truncal adiposity (fat), peripheral lipodystrophy (fat) and buffalo hump/bell, by associated with hyperglycemia.

**Methods:** Eight HIV+ patients (2, 6 MO maintained on PI's (6 indinavir, 2 nelfinavir/omeprazole) for an average of 12 months who developed FMS were treated with rhGH (4-6 mg/day, s.c.) and evaluated prospectively with serial weight, blood lipid profiles, blood/serum analyses and color photographs.

**Results:** All patients with FMS had elevated levels of plasma triglycerides (+- cholesterol). Four patients completed 3 months of rhGH and showed improvement in fat redistribution, with 25-75% reduction in fat and abdominal girth, but no change in pt. Weight were stable and there were no consistent changes in total body fat and blood lipids, despite 5-10% gain in fat-free mass. One patient discontinued rhGH due to capsular syndrome and had recurrence of FMS. These patients have had > 6 months of therapy, one patient was lost to follow-up after 6 weeks of therapy and one patient has received < 6 weeks of therapy, yet at last observation all had a visible reduction in the size of and firmness of the bell and tr.

**Conclusion:** rhGH is effective in reducing buffalo hump and truncal adiposity, but not peripheral lipodystrophy and hyperglycemia associated with PI therapy. Studies of rhGH in combination with other agents are needed.

## **THE EFFECT OF RECOMBINANT HUMAN GROWTH HORMONE [rhGH] ON PROTEASE-INHIBITOR-ASSOCIATED FAT MALDISTRIBUTION SYNDROME [FMS]**

**1** Ingo Klett Gedmann | **2** Karsten Le Banikau Spieck Medical Practice PC | **3** New York NY | **4** University Medical Center New York NY | **5** Saint Vincents Hospital and Medical Center New York NY

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**Therapeutic drug monitoring** in patients receiving oral hypoglycemic agents or insulin is a technique of pharmacotherapy designed to maintain blood glucose levels within the normal range. It is based on the principles of pharmacokinetics and pharmacodynamics. The goal of therapy is to achieve a therapeutic effect while minimizing side effects. In the case of diabetes mellitus, the goal is to maintain blood glucose levels within the normal range. This can be achieved by adjusting the dose of the drug or insulin, or by changing the timing of administration. Therapeutic drug monitoring can also help to identify potential drug interactions and adverse effects.

Age (yr)	N		CVD		Thyroid		Glucose		IBW		Phase III		% Fat Free Mass		% Fat Mass	
	Mean	S.E.M.	Total	Local	Mean	S.E.M.	Mean	S.E.M.	Mean	S.E.M.	Mean	S.E.M.	Mean	S.E.M.	Mean	S.E.M.
13	43	(range 27-61)	263	31.972	137	121	115.0	1.150	6.8	0.770	91.6	1.420	73.0	21.7%	6.4-42	15.4%
14	43	(range 27-61)	265	31.972	137	121	115.0	1.150	6.8	0.770	91.6	1.420	73.0	21.7%	6.4-42	15.4%

SCHLESINGER AND WILSON / 103

Patient #36 - 36 year old male who developed large cutaneous bump and tarsal asymmetry, sites 1-3 months of treatment. He had bilateral change in his skin color.

Patient #37 - 50 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #38 - 50 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #39 - 62 year old female who developed bilateral skin lesions on her face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #40 - 62 year old female who developed bilateral skin lesions on her face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #41 - 62 year old female who developed bilateral skin lesions on her face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #42 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #43 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #44 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #45 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #46 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #47 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #48 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

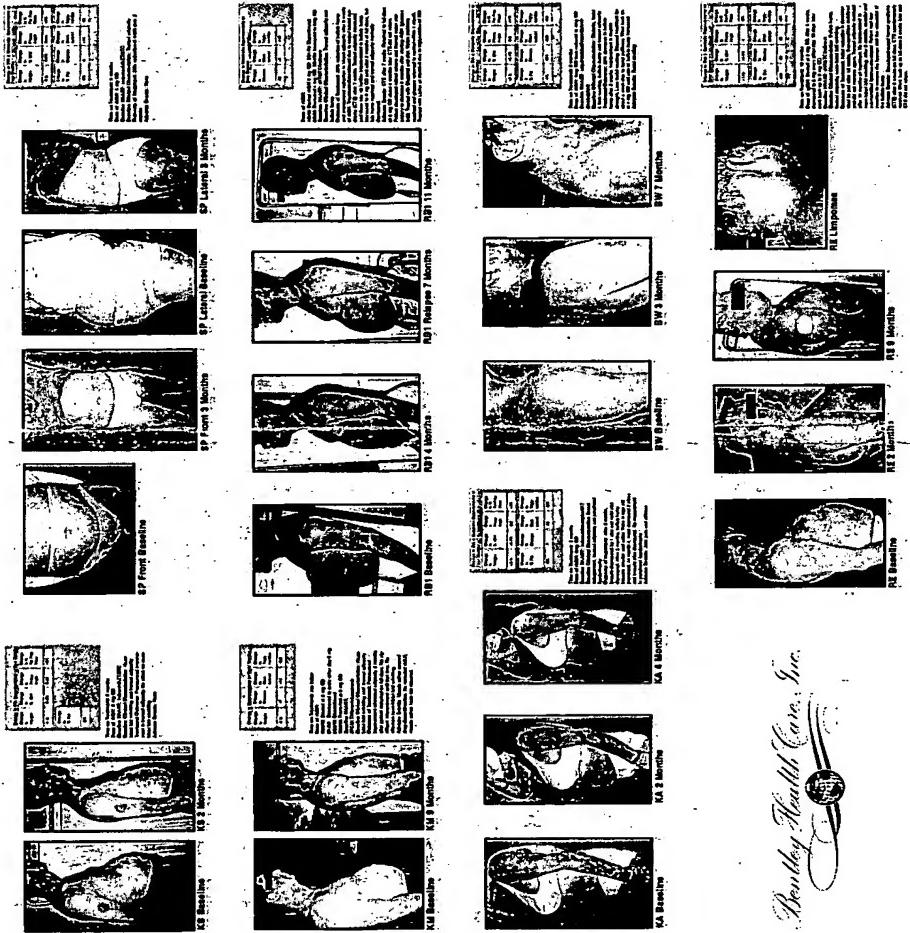
Patient #49 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

Patient #50 - 67 year old male who developed bilateral skin lesions on his face and back. Developed symptoms after 1 month and had to discontinue RT.

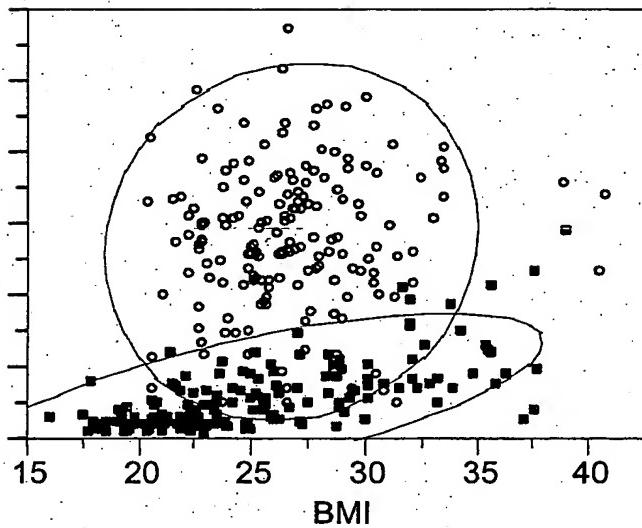
## **CONCLUSION:**

**RECOMBINANT HUMAN GROWTH HORMONE (SEROSTIM™) AT DOSES OF 5-6 MG/DAY IS EFFECTIVE IN REDUCING BUFFALO HUMPS AND TRUNCAL ADIPOSITY, BUT NOT PERIPHERAL LIPODYSTROPHY AND HYPERLIPIDEMIA ASSOCIATED WITH PT THERAPY. RELAPSE OF BUFFALO HUMP AND TRUNCAL ADIPOSITY OCCURS WITH DOSE REDUCTION OR DRUG DISCONTINUATION. ADVERSE EFFECTS INCLUDE INCREASE IN TISSUE TURGOR (FACIAL AND OR FOOT SWELLING, ARTHRALGIAS, CARPAL TUNNEL SYNDROME, AND ONSET OR WORSENING OF DIABETES, SERIAL PHOTOS, BIA AND WAIST MEASUREMENTS ARE USEFUL IN FOLLOWING RESPONSE TO TREATMENT. OPTIMAL DOSE AND DURATION OF THERAPY ARE UNCLEAR AND DESERVE FURTHER INVESTIGATION.**

**RECOMBINANT HUMAN GROWTH HORMONE (SEROSTIM™) AT DOSES OF 5-6 MG/DAY IS EFFECTIVE IN REDUCING BUFFALO HUMPS AND TRUNCAL ADIPOSITY, BUT NOT PERIPHERAL LIPODYSTROPHY AND HYPERLIPIDEMIA ASSOCIATED WITH PTHERAPY. RELAPSE OF BUFFALO HUMP AND TRUNCAL ADIPOSITY OCCURS WITH DOSE REDUCTION OR DRUG DISCONTINUATION. ADVERSE EFFECTS INCLUDE INCREASE IN TISSUE TURGOR (FACIAL AND OR FOOT SWELLING, ARTHRALGIAS, CARPAL TUNNEL SYNDROME, AND ONSET OR WORSENING OF DIABETES, SERIAL PHOTOS, BIA AND WAIST MEASUREMENTS ARE USEFUL IN FOLLOWING RESPONSE TO TREATMENT. OPTIMAL DOSE AND DURATION OF THERAPY ARE UNCLEAR AND DESERVE FURTHER INVESTIGATION.**



## Exhibit B



Plot of visceral adipose tissue (VAT) area at the level of L4-5 against Body Mass Index (BMI). Lines correspond to the 95% confidence bounds for a healthy male volunteer population (red squares) and a population of male individuals with HADDS (green circles). Note the lack of overlap of the two areas indicating marked differences in the relationship between BMI and visceral fat content in men with HADDS as compared to non-HIV infected men some of whom are obese (BMI>30).

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- Ω 1. Twenty-fourth and last letter of the Greek alphabet, omega.  
2. Symbol for Ohm.
- O 1. Symbol for oxygen; orotidine. 2. Abbreviation for opening (in formulas for electrical reactions). 3. Symbol for a blood group in the ABO system. See ABO blood group, Blood Groups appendix. 4. An abbreviation derived from *ohne Hauch* (without a film), used as a designation for: 1) antigens that occur in the bacterial cell, in contrast to those in the flagella; 2) specific antibodies for such somatic antigens; 3) the agglutinative reaction between somatic antigen and its antibody.
- <sup>15</sup>O. Symbol for oxygen-15.
- <sup>16</sup>O. Symbol for oxygen-16.
- <sup>17</sup>O. Symbol for oxygen-17.
- <sup>18</sup>O. Symbol for oxygen-18.
- ortho- In chemistry, the abbreviation for ortho- (2).
- oak ap-ple. SYN nutgall.
- ovari-, oario-. Obsolete term for an ovary. SEE oo-, oophor-, ovario-. [G. *ōarion*, a small egg, dim. of *ōon*, egg]
- oath (ōth). A solemn affirmation or attestation. SEE Hippocratic Oath, Veterinarian's Oath.
- OB Abbreviation for obstetrics.
- ob-dor-mi-tion (ob-dōr-mish'ün). Numbness of an extremity, due to pressure on the sensory nerve. [L. *ob-dormio*, pp. *-itus*, to sleep]
- O'Beirne, James, Irish surgeon, 1786-1862. SEE O'B.'s sphincter.
- obe-li-ac (ō-bē'lē-ak). Relating to the obelion.
- obe-li-ad (ō-bē'lē-ad). Toward the obelion.
- obe-li-on (ō-bē'lē-on). A craniometric point on the sagittal suture between the parietal foramina near the lambdoid suture. [G. *obelos*, a spit]
- Obermayer, Friedrich, Austrian physician, 1861-1925. SEE O.'s test.
- Obermeier, Otto H.F., German physician, 1843-1873. SEE O.'s spirillum.
- Obersteiner, H., Austrian neurologist, 1847-1922. SEE O.-Redlich line, zone.
- obese (ō-bēs'). Excessively fat. SYN corpulent. [L. *obesus*, fat, partic. adj., fr. *ob-edo*, pp. *-esus*, to eat away, devour]
- obe-si-ty (ō-bē'si-tē). An abnormal increase of fat in the subcutaneous connective tissues. SYN adiposity (1), corpulence, corpulency.
- hypothalamic o., o. caused by disease of the hypothalamus.
- hypothalamic o. with hypogonadism, SYN *dystrophia adiposogenitalis*.
- morbid o., o. sufficient to prevent normal activity or physiologic function, or to cause the onset of a pathologic condition.
- simple o., o. resulting when caloric intake exceeds energy expenditure.
- obex (ō'beks) [NA]. The point on the midline of the dorsal surface of the medulla oblongata that marks the caudal angle of the rhomboid fossa or fourth ventricle. It corresponds to a small, transverse medullary fold overhanging the calamus scriptorius. [barrier]
- ob-fus-ca-tion (ob-fus-kā'shün). 1. A rendering dark or obscure. 2. A deliberate attempt to confuse or to prevent understanding. [L. *ob-fusco*, pp. *-atus*, to darken, fr. *fucus*, dark, tawny]
- OB/GYN Abbreviation for obstetrics and gynecology.
- obi-do-xíme chlo-ride (ob'é-dok-sém). A cholinesterase reactivator much like 2-PAM.
- obj-ect (ob'jekt). 1. Anything to which thought or action is directed. 2. In psychoanalysis, that through which an instinct can achieve its aim. 3. In psychoanalysis, often used synonymously with person.
- good o., in psychoanalysis, the good or supporting aspects of an

important person in the patient's life, especially of a parent or parent-surrogate.

sex o., a person toward whom another is sexually attracted; a term usually used by a female to indicate that a male narrowly views her as a vehicle for sex while completely disregarding the rest of her persona.

test o., (1) an o. having very fine surface markings, mounted on a slide, used to determine the defining power of the objective lens of a microscope; (2) the target in measurement of the visual field.

ob-ject choice. In psychoanalysis, the object (usually a person) upon which psychic energy is centered.

ob-jec-tive (ob-jek'tiv). 1. The lens or lenses in the lower end of the body tube of a microscope, by means of which the rays coming from the object examined are brought to a focus. SYN object glass. 2. Viewing events or phenomena as they exist in the external world, impersonally, or in an unprejudiced way; open to observation by oneself and by others. Cf. subjective. [L. *ob-jicio*, pp. *-iectus*, to throw before]

achromatic o., an o. that is corrected for two colors chromatically, and one color spherically.

apochromatic o., an o. in which chromatic aberration is corrected for three colors and spherical aberration is corrected for two.

immersion o., a high power o. used with a drop of oil between the lens and the specimen on the slide, allowing a greater numerical aperture; similar lenses are available for use with water as the immersing liquid.

ob-jec-tive as sess-ment da-ta. Those facts presented by the client that show his/her perception, understanding and interpretation of what is happening.

ob-li-gate (ob'li-gät). Without an alternative system or pathway. [L. *ob-ligo*, pp. *-atus*, to bind to]

ob-li-que (ob-lēk'). Slanting; deviating from the perpendicular, horizontal, sagittal, or coronal plane of the body. In radiography, a projection that is neither frontal nor lateral. [L. *obliquus*]

ob-li-qui-ty (ob-lēk'wi-tē). SYN asynclitism.

Litzmann o., inclination of the fetal head so that the biparietal diameter is oblique in relation to the plane of the pelvic brim, the posterior parietal bone presenting to the parturient canal. SYN posterior asynclitism.

Nägele o., inclination of the fetal head in cases of flat pelvis, so that the biparietal diameter is oblique in relation to the plane of the pelvic brim, the anterior parietal bone presenting to the parturient canal. SYN anterior asynclitism.

ob-li-qu-us (ob-lēk'wētē). Denoting a structure having an oblique course or direction; a name given, with further qualification, to several muscles. SEE muscle. [L. slanting, oblique]

ob-lit-er-a-tion (ob-lit'er-ā-shün). Blotting out, especially by filling of a natural space or lumen by fibrosis or inflammation. In radiology, disappearance of the contour of an organ when the adjacent tissue has the same x-ray absorption. [L. *oblittero*, to blot out]

ob-long-a-ta (ob-long-gah'tā). SYN *medulla oblongata*. [L. fem. of *oblongatus*, from *oblongus*, rather long]

ob-nu-bi-la-tion (ab-nū'bēl-ā'shün). A clouded mental state. [L. *ob-nubilo*, to becloud, obscure, fr. *nubes*, cloud]

OBS. SYN organic brain syndrome.

ob-ser-ver (ob-zer'ver). One who perceives, notices, or watches; in behavioral research with humans, the investigator or his/her surrogate. [L. *observo*, to watch]

nonparticipant o., an investigator who studies a group of subjects engaged in certain activities but does not directly participate in these activities, presumably being able to study them more objectively.

participant o., an investigator who while studying the activities of a group of subjects also participates in their activities, presumably being able to gain more detailed, relevant information but with less objectivity.

ob-ses-sion (ob-sesh'ün). A recurrent and persistent idea,

ob

**pan-cre-a-tin** (li-pán'krē-ă-tin, -krē'-ă-tin). SYN pancrelipase. **a-ro-cele** (lip'ärō-sēl). An omental hernia. [G. *liparos*, fatty, + *kelē*, tumor, hernia]

**pan-pancreatic lipase** (lip'ās). In general, any fat-splitting or lipolytic enzyme; a carboxylesterase; e.g., triacylglycerol lipase, phospholipase A<sub>2</sub>, apoprotein lipase.

**ecto-my** (lip-ek'tō-mē). Surgical removal of fatty tissue, as in cases of adiposity. [lipo- + G. *ektomē*, excision]

**e-de-ma** (lip'e-dē'mă). Chronic swelling, usually of the lower extremities, particularly in middle-aged women, caused by the widespread even distribution of subcutaneous fat and fluid. [lipo- + G. *oidēma*, swelling]

**lip-e-mia** (lip'é-mē-ă). The presence of an abnormally large amount of lipids in the circulating blood. SYN hyperlipidemia, hyperlipoidemia, lipidemia, lipoidemia. [lipid + G. *haima*, blood]

**alimentary l.**, relatively transient l. occurring after the ingestion of foods with a large content of fat. SYN postprandial l.

**diabetic l.**, development of lactescent plasma upon ingestion of dietary lipids; a rare manifestation of uncontrolled diabetes mellitus caused by defective metabolism of dietary lipids and abolished by the administration of insulin.

**postprandial l.**, SYN alimentary l.

**retina-lis**, a creamy appearance of the retinal blood vessels that occurs when the lipids of the blood exceed 5%.

**lip-e-mic** (li-pé'mik). Relating to lipemia.

**lip-e-soluble**, "Fat-soluble," an operational term describing a solubility characteristic, not a chemical substance, i.e., denoting substances extracted from animal or vegetable cells by nonpolar or "fat" solvents; included in the heterogeneous collection of materials thus extractable are fatty acids, glycerides and glyceryl ethers, phospholipids, sphingolipids, alcohols and waxes, terpenes, steroids, and "fat-soluble" vitamins A, D, and E. [G. *lipos*, fat]

**isotropic l.**, a l. in the form of doubly refractive droplets.

**unilamellar l.**, the layer(s) of l. bound to and/or surrounding an integral membrane protein.

**brain l.**, impure cephalin possessing marked hemostatic action when locally applied.

**compound l.'s**, SYN heterolipids.

**isotropic l.**, a l. occurring in the form of singly refractive drops.

**simple l.'s**, SYN homolipids.

**lip-e-mia** (lip'i-dē'mē-ă). SYN lipemia.

**d-i-do-ly-tic** (lip'i-dō-lit'ik). Causing breakdown of lipid. [lipid + G. *lysīs*, loosening]

**d-i-do-sis**, pl. **lip-i-do-ses** (lip-i-dō'sis, -sēz). Hereditary abnormality of lipid metabolism that results in abnormal amounts of lipid deposition; classification is typically based on the enzymatic deficiency and type of lipid involved. Such enzymatic activity takes place in the lysosomes, and the abnormal products appear as lysosomal storage diseases. Sphingolipids make up the largest portion of recognized lipidoses, involving abnormal metabolism of gangliosides, ceramides, and cerebrosides. [lipid + G. -osis, condition]

**ceramide lactoside l.**, an inherited disorder associated with an accumulation of ceramide lactoside due to a deficiency of ceramide lactosidase; results in progressive brain damage with liver and spleen enlargement.

**cerebral l.**, SYN cerebral sphingolipidosis.

**glucuronidase l.**, SYN Gaucher's disease.

**ganglioside l.**, SYN gangliosidosis.

**glyceraldehyde-3-phosphate dehydrogenase l.**, SYN Fabry's disease.

**gangomyelin l.**, SYN Niemann-Pick disease.

**metachromatic l.**, SYN metachromatic leukodystrophy.

**Warburg, Fritz A.**, German-U.S. biochemist in the U.S. and Laureate, 1899-1986. SEE Warburg-L.-Dickens-Horecker

**lip-e-ide**. Fatty, lipid. [G. *lipos*, fat]

**lip-o-amide** (lip'ō-am'īd, -am'īd). SEE lipoic acid.

**lip-o-amide de-hy-dro-gen-ase**. SYN dihydrolipoamide dehydrogenase.

**lip-o-am-i-de di-sul-fide**. Oxidized lipoic acid in amide combination with the ε-amino group of an L-lysyl residue of pyruvic acid dehydrogenase.

**lip-o-am-i-de re-duc-tase (NADH)**. SYN dihydrolipoamide dehydrogenase.

**lip-o-ar-thri-tis** (lip'ō-ar-thrī'tis). Inflammation of the periarticular fatty tissues of the knee. [lipo- + arthritis]

**lip-o-ate** (lip'ō-āt). A salt or ester of lipoic acid.

**lip-o-ate ace-tyl-trans-fer-ase**. SYN dihydrolipoamide acetyltransferase.

**lip-o-a-tro-phi-a** (lip'ō-ā-trōfē-ă). SYN lipoatrophy.

**l. annula-ris**, a rare condition of unknown cause characterized by localized panatrophy, a depressed area encircling the arm with sclerosis and atrophy of fat.

**l. circumscript'a**, localized fat atrophy.

**lip-o-at-ro-phy** (lip'ō-at'rō-fē). Loss of subcutaneous fat, which may be total, congenital, and associated with hepatomegaly, excessive bone growth, and insulin-resistant diabetes. SYN Lawrence-Seip syndrome, lipoatrophy, lipoatrophic diabetes. [G. *lipos*, fat, + a-, priv. + *trophē*, nourishment]

**insulin l.**, SYN insulin lipodystrophy.

**partial l.**, SYN progressive lipodystrophy.

**lip-o-blast** (lip'ō-blast). An embryonic fat cell. [lipo- + G. *blastos*, germ]

**lip-o-blas-to-ma** (lip'ō-blas-tō'mă). 1. SYN liposarcoma. 2. A benign subcutaneous tumor composed of embryonal fat cells separated into distinct lobules, occurring usually in infants.

**lip-o-blas-to-ma-to-sis** (lip'ō-blas-tō-mă-tō'sis). A diffuse form of lipoblastoma that infiltrates locally but does not metastasize.

**lip-o-car-di-ac** (lip'ō-kar'dē-ak). 1. Relating to fatty heart. 2. Denoting a person suffering from fatty degeneration of the heart. [lipo- + G. *kardia*, heart]

**lip-o-cat-a-bol-ic** (lip'ō-kat-ă-bol'ik). Relating to the breakdown (catabolism) of fat.

**lip-o-cer-a-tous** (lip'ō-ser'ă-tüs). SYN adipoceratus.

**lip-o-cere** (lip'ō-sér'). SYN adipocere. [lipo- + L. *cera*, wax]

**lip-o-chon-dria** (lip'ō-kon'drē-ă). Temporary storage vacuoles of lipids found in the Golgi apparatus. SEE ALSO phytosterolemia. [lipo- + mitochondria]

**lip-o-chon-dro-dys-trö-phy** (lip'ō-kon-drō-dis'trō-fē). SYN Hurler's syndrome.

**lip-o-chrome** (lip'ō-krom). 1. A pigmented lipid, e.g., lutein, carotene. SYN chromolipid. 2. A term sometimes used to designate the wear-and-tear pigments, e.g., lipofuscin, hemofuscin, ceroid. More precisely, l.'s are yellow pigments that seem to be identical to carotene and xanthophyll and are frequently found in the serum, skin, adrenal cortex, corpus luteum, and arteriosclerotic plaques, as well as in the liver, spleen, and adipose tissue; l.'s do not stain with the ordinary dyes for fat. 3. The pigment produced by certain bacteria. [lipo- + G. *chroma*, color]

**lip-o-co-la-sis** (li-pok'lă-sis). SYN lipolysis. [lipo- + G. *klasis*, a breaking]

**lip-o-clas-tic** (lip'ō-klas'tik). SYN lipolytic.

**lip-o-crit** (lip'ō-krit). An apparatus and procedure for separating and volumetrically analyzing the amount of lipid in blood or other body fluid. [lipo- + G. *krinō*, to separate]

**lip-o-cyte** (lip'ō-sit). SYN fat-storing cell. [lipo- + G. *kytos*, cell]

**lip-o-der-moid** (lip'ō-der'moyd). Congenital, yellowish-white, fatty, benign tumor located subconjunctivally. [lipo- + dermoid]

**lip-o-di-er-e-sis** (lip'ō-di'er-ē-sis). SYN lipolysis. [lipo- + G. *dieresis*, division]

**lip-o-dys-trö-phi-a** (lip'ō-dis-trōfē-ă). SYN lipodystrophy.

**l. intestina-lis**, obsolete term for Whipple's disease.

**l. progres-si've su-pe-rior**, SYN progressive lipodystrophy.

**lip-o-dys-trö-phy** (lip'ō-dis-trō-fē) [MIM\*157660]. Defective metabolism of fat. SYN lipodystrophy. [lipo- + G. *dys-*, bad, difficult, + *trophē*, nourishment]

**congenital total l.** [MIM\*151680, MIM\*151670, MIM\*308908], l. characterized by almost complete lack of subcutaneous fat, accelerated rate of growth and skeletal development